

# GARRETT COUNTY SCHOOLS - FOOD & NUTRITION SERVICES

## March Lunch Menu

	Monday	Tuesday	Wednesday 1-Mar	Thursday 2	Friday 3
Daily entrée			Breakfast for Lunch Waffle and sausage	Chili & Peanut Butter Sandwich	BBQ Sandwich
Vegetarian option			Breakfast for Lunch Waffle and veggie sausage	Eggplant Parmesan	Secondary - Baked Potato Elementary - Teriyaki Black Bean Burger
Daily entrée			Chicken Nuggets	Corn Dog	Pepperoni Roll
			Tater Tots Applesauce Juice	Tossed Salad Mixed Fruit Corn	French Fries Orange Wedges Baked Beans
Weekly Bistro Box - Ham & Cheese Box. Weekly Salad - Taco Salad Offered Daily - Milk, Water, PBJ, Yogurt & Cheese					
	Monday 6-Mar	Tuesday 7	Wednesday 8	Thursday 9	Friday 10
Daily entrée	Fish Sandwich	BBQ Chicken	Sloppy Joe	Beef Ravioli	Walking Tacos
Vegetarian option	Hummus & Pita	Chic Nuggets	Macaroni & Cheese	Cheese Ravioli	Bean Burrito
Daily entrée	Chicken Patty Sandwich	Pizza	Chicken Nuggets	Corn Dog	Pepperoni Roll
	Sweet Potato Fries Pears Mixed Vegetables	Mashed Potatoes Pineapple Green Beans	Peas Peaches French Fries	Tossed Salad Orange Wedges Italian Ice	Baby Carrots Mixed Fruit Rice Krispy Treat
Weekly Bistro Box -Nut & Cheese Box. Weekly Salad - Chef Salad Offered Daily - Milk, Water, PBJ, Yogurt & Cheese					
	Monday 13-Mar	Tuesday 14	Wednesday 15	Thursday 16	Friday 17
Daily entrée	Rib Patty Sandwich	Sweet & Sour Chicken	Nachos Grande	Hot Dog	Hamburger
Vegetarian option	Cheese Calzone	Vegetarian Rice Bowl	Nachos & Cheese Sauce	Mozzarella Sticks	Impossible Burger
Daily entrée	Chicken Patty Sandwich	Pizza	Chicken Nuggets	Corn Dog	Pepperoni Roll
	Mixed Vegetables  Peaches French Fries	Broccoli  Pineapple Ice Cream Cup	Tossed Salad  Strawberry Applesauce Corn	Baby Carrots  Pears Brownie	Oven Roasted Potatoes  Mixed Fruit Baked Beans
Weekly Bistro Box - Pizza Box. Weekly Salad - Mixed Green with Crispy Chicken Offered Daily - Milk, Water, PBJ, Yogurt & Cheese					
	Monday 20-Mar	Tuesday 21	Wednesday 22-Jan	Thursday 23	Friday 24
Daily entrée	Grilled Ham & Cheese	Chicken Fajita	Breakfast for Lunch Waffle and sausage	Spaghetti	BBQ Sandwich
Vegetarian option	Grilled Cheese	Cheese Quesadilla	Breakfast for Lunch Waffle and veggie sausage	Eggplant Parmesan	Secondary - Baked Potato Elementary - Teriyaki Black Bean Burger
Daily entrée	Chicken Patty Sandwich	Pizza	Chicken Nuggets	Corn Dog	Pepperoni Roll
	Broccoli Peaches Tomato Soup	Green Pepper Strips Pears Cookie	Tater Tots Applesauce Juice	Tossed Salad Mixed Fruit Corn	French Fries Orange Wedges Baked Beans
Weekly Bistro Box - Ham & Cheese Box. Weekly Salad - Taco Salad Offered Daily - Milk, Water, PBJ, Yogurt & Cheese					

	Monday 27-Mar	Tuesday 28	Wednesday 29	Thursday 30	Friday 31
Daily entrée	Fish Sandwich	BBQ Chicken	Sloppy Joe	Beef Ravioli	Chicken & Waffles
Vegetarian option	Hummus & Pita	Chic Nuggets	Macaroni & Cheese	Cheese Ravioli	Bean Burrito
Daily entrée	Chicken Patty Sandwich	Pizza	Chicken Nuggets	Corn Dog	Pepperoni Roll
	Sweet Potato Fries Pears Mixed Vegetables	Mashed Potatoes Pineapple Green Beans	Peas Peaches French Fries	Tossed Salad Orange Wedges Italian Ice	Baby Carrots Mixed Fruit Rice Krispy Treat
Weekly Bistro Box -Nut & Cheese Box. Weekly Salad - Chef Salad Offered Daily - Milk, Water, PBJ, Yogurt & Cheese					

### **March Breakfast Menu**

	Wednesday 1-Mar	Thursday 2	Friday 3
Milk is offered daily	Super Bun Cereal Banana Peach Cup	Breakfast Pizza Cereal Mandarin Orange Cup Fruit Juice	Yogurt Cereal Strawberry Cup Apple Juice

Monday 6-Mar	Tuesday 7	Wednesday 8	Thursday 9	Friday 10
Whole Grain Donut Cereal Mixed Fruit Cup Orange Juice	Sausage Biscuit Cereal Craisins Fruit Juice	Muffin Cereal Pear Cup Orange Pineapple Juice	Waffle Cereal Strawberry Applesauce Grape Juice	Cinnamon Roll Cereal Orange Wedges Apple Juice

Monday 13-Mar	Tuesday 14	Wednesday 15	Thursday 16	Friday 17
Whole Grain Muffin Cereal Raisins Grape Juice	Breakfast Bites Cereal Applesauce Cup Orange Juice	Super Bun Cereal Banana Peach Cup	Breakfast Pizza Cereal Mandarin Orange cups Fruit Juice	Yogurt Cereal Strawberry Cup Apple Juice

Monday 20-Mar	Tuesday 21	Wednesday 22	Thursday 23	Friday 24
Whole Grain Donut Cereal Mixed Fruit Cup Orange Juice	Sausage Biscuit Cereal Craisins Fruit Juice	Muffin Cereal Pear Cup Orange Pineapple Juice	Waffle Cereal Strawberry Applesauce Grape Juice	Cinnamon Roll Cereal Orange Wedges Apple Juice

Monday 27-Mar	Tuesday 28	Wednesday 29-Jan	Thursday 30	Friday 31
Whole Grain Muffin Cereal Raisins Grape Juice	Breakfast Bites Cereal Applesauce Cup Orange Juice	Super Bun Cereal Banana Peach Cup	Breakfast Pizza Cereal Mandarin Orange Cup Fruit Juice	Yogurt Cereal Strawberry Cup Apple Juice

Menu subject to change without notice. This institution is an equal opportunity provider.